

Support our 2025  
Campaign



## A Woman with Altitude

Emma Slade, the only western woman fully ordained in Bhutan, has dedicated her life to serving others through compassion, wisdom, and action. Her life changed exponentially after she was held at gunpoint in her hotel room in Jakarta. From financial analyst to Buddhist nun, she is now an established author, inspirational teacher, and an advanced meditator. She now faces her most formidable challenge yet: conquering the **Wild Bhutan Trail, an unforgiving 403km route crossing 12 mountains over 37 days**. It's wild and untouched; very few have made the entire journey, and it is intentionally left literally to the wild to reduce any impact on nature. It's arduous, surprising and virtually unseen.



**Emma Slade - Ani Pema Deki  
on the  
Wild Bhutan Trail**



# Opening your heart to Bhutan

**Improves the lives of vulnerable children  
with additional needs**

## SO FAR WE HAVE ...

- Built the the first purpose built special needs school in Bhutan
- Brought clean water through filtration systems to 100's of school children
- Supported the training needs of special needs teachers
- Provided essential school vehicles, medical care and safe shelter


**92 pence in every pound raised goes  
directly to on the ground projects.**



Scan me!

Please give what you can and support our latest fundraising initiative on 'Just Giving'. Scan the QR code above.

Our Woman In Altitude Campaign is a staggering feat and the money raised will be life changing for the children and their families.

Thank You 

[LEARN MORE](#)



[www.openingyourhearttobhutan.com](http://www.openingyourhearttobhutan.com)